

Kindness Campaign

Acts and words of kindness to uplift staff and students, and promote good will within our department –
no act of kindness, no matter how small, is ever wasted

I feel very lucky to have some lovely colleagues who I work with, who support and encourage me

I love working with my team as they are more like family than colleagues!

You have an infectious smile

I thank our HR team. They are always kind and supportive.

Happy thoughts, good vibes, you have got this 😊

I really appreciate working in a department where people are so responsive, empathetic and efficient. We have some really amazing people working here!

I always feel supported by my team. They're always there believing in me, even when I doubt myself!

I am grateful and feel blessed to be working in an understanding team.

I appreciate working with my colleagues, who are understanding and caring when your day isn't always the best

I love working under my line manager. She makes me feel trusted and valued – I think a lot of people could learn from her example!

I feel supported because my course administrator, directors and batchmates are super nice. I could overcome a difficult phase of my life and homesickness because of them. Thank you! 😊

I appreciate the expressions of support, encouragement and faith in my abilities at work, from colleagues and acquaintances, that help bolster me up when I waiver in my confidence. Saved in a go-to folder, they not only do me good when they are first shared, but can sustain me at other times too!

Someone in the team always notices when I'm having a bad day and will ask 'How are you?'

Our team is great! Lovely to work with such positive people who are always willing to help each other out.

Many thanks for being so supportive and for all your kindness

I feel so supported by my colleagues and my line manager. The people are what makes working here wonderful.

My team are incredible. They are hard working, keep on top of the work, but always make time at our twice weekly meetings to ask how everyone is, how their family is managing, and are incredibly supportive of everyone's needs. They are phenomenal.

My line manager mentors me and takes an interest in my future career

My line manager has been incredibly supportive to me during a particularly hectic time, by giving me positive, encouraging feedback and by creating more space and time for me to get the most important work done. They have been especially good at reminding me to check my work/life balance and to take breaks. That has meant that I feel not only supported, but also empowered, and rested enough to go that extra mile to ensure success.

Considered, understated and always there to support others

Thank you for asking how I am doing, with real intent

I am grateful to my line manager and the team because despite some serious health problems I have had with some permanent effects, I feel valued and respected in the team. I feel optimistic about my future thanks to the support I have had, not just from my team, but from NDS in general.

To the admin team member who religiously looks out for my research post returns envelopes, just to help out and then sends me a smiling emoji when there's a whole bunch... you are lovely.

I would like to show my appreciation for my co-worker who has shown me empathy and support in times of need and has been an unconditional listener with words of wisdom to offer me too. Thanks

For my supervisor's PA who posted a box of Christmas pick-me-ups to my home address because she knew I was going through a rough patch. I will never forget this act of kindness.

I'm so grateful to my team for supporting me and each other, and to NDS for supporting us all.

My line manager always supports me, praises my work and makes me feel like a fully valued part of the team – thank you

Thank you for being approachable and for listening to me. Thank you for supporting me through my role